

1. Girl Scout handshake while saying GS motto, "Be prepared".
2. Whisper GS slogan, "Do a Good turn daily" and turn each girl around.
3. Brownies look in a mirror to see "themselves" as the helpers,
4. Share "3 C's report" (an instance of using courage, confidence, or character in your life) Or have parents share...
5. Sign the promise
6. SING the law
7. Sign a "sunshine" card for anyone in your troop who is sick, struggling, or celebrating something.
8. Sing a fun GS song or chant
9. Teach and use a calming breath strategy (ask Lowry if you need ideas)
10. Closing Circle of Friendship, "Make New Friends", and squeeze.